

COME AND JOIN US AT

The Bubbles Group

(Currently held virtually via Zoom)



"I can talk to other parents who have given birth prematurely without having to explain things"

"Very beneficial, it's wonderful to have a group for Mothers and babies who have all been through the same experience"

The Bubbles Group is a great way to meet other families for practical advice and support, or even just to chat and make friends over a drink and a biscuit with people who understand the neonatal journey. For more information contact: Lisa McMenzie (0191 2823450) or Helen Cleaver (0191 2115773)

Can't make the group? You can still join the Bubbles Baby WhatsApp group run by parents for parents.



O-Tea and Biscuits

One of the Occupational Therapists (OTs) from Ward 35 will be joining the Bubbles Group on the last Friday of the month to discuss any questions or concerns regarding your child's development.

Please do join us - it would be lovely to meet you and find out how you are getting on at home!